

Community Nursing Home Port Hope

Feb-10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RR - Room to Room MDR - Main Dining Room 2 - Second Floor 3 - Third Floor AR - Activity Room CHP - Chapel OS - Outside 2P - Second Floor Patio HS - Hairdressing Salon	1 Calendars & Newsletter Out Valentine's Day Decorating 2:00 Wii Games (3) 2:00 Swing Bowl (AR)  2:30 Coffee Break (AR) 4:15 Nail Spa (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	2 10:00 Friendly Visits (RR) 10:00 Word Searches (AR) 2:30 Crokinole (3) 4:15 Hand Massages (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	0:00 Olympic Decorating 9:45 Exercise Class (CHP) 10:30 Nail Spa (AR) 10:30 Drop Your Marbles (3)  2:00 Crossword Puzzles (AR) 2:00 Knitting (3) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	4 10:00 Hymn Sing (CHP) 10:30 Church Service (CHP) 2:00 Trivia (3) 4:15 Short Stories (RR) 6:30 Individualized Programs (RR) 7:00 Club Night (AR) Music Therapy (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	5 10:00 Hymn Sing (CHP) 10:30 Catholic Church Service (CHP) 1:30 Picture This (3) 4:15 Did You Ever... (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	6 10:00 Baking (AR)  10:45 Taste Testing (AR) 2:00 Bingo (AR) 2:30 Tea 'N' Chat (AR) 4:15 Friendly Visits (RR) 6:30 Individualized Programming (RR)
7 9:30 Church Radio (CHP) 10:00 Word Games (AR) 2:00 Movie Matinee (AR)  4:15 Fancy Fingers (RR) 6:30 Individualized Programming (RR)	8 9:30 Horse Race Game (AR) 9:45 Exercise Class (CHP) 10:00 Word Games (AR) 2:00 Slides with Peter (MDR) 2:30 Tea 'N' Chat (MDR) 4:00 Soapy Hands (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	9 7:45 Breakfast Club (AR) 10:00 Bible Study (CHP) 1:30 Bingo (AR)  2:30 Word Games (AR) 4:15 Follow Your Nose (2) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	10 9:30 What's In The Bag? (3) 9:45 Exercise Class (CHP) 10:30 Nail Spa (2) 2:00 Swing Bowl (AR) 4:00 Hand Massages (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	11 10:00 Word Games (AR) 1:30 Hymn Sing (CHP) 2:00 Church Service (CHP) 4:15 Slick Hands (2) 6:30 Individualized Programs (RR) 7:00 Club Night (AR) Music Therapy (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	12 9:45 Exercise Class (CHP) 10:00 Love Is...(AR)  10:30 Coffee Break (AR) 2:00 Card Games (AR) 4:15 Montessori Programs (2) 6:30 Individualized Programming (RR) 8:00 Olympic Opening Ceremonies Physiotherapy 8:30 (RR)	13 10:00 Bingo (AR) 10:30 Coffee Break (AR) 1:45 Chocolate Fountain (AR) 2:30 Tea 'N' Chat (AR) 4:15 Sponge Painting (RR) 6:30 Individualized Programming (RR)
14 9:30 Hymn Sing (CHP) 10:00 Church Service (CHP) 10:15 Matching Sweethearts (AR) 11:00 Courtship 101 (AR) 2:00 A Hearty Party (MDR)  4:15 Balloon Prints (AR) 6:30 Individualized Programming (RR)	15 9:45 Exercise Class (CHP) 10:00 Canada Jingo (AR) 2:00 Card Games (CHP)  2:00 Wedding Gallery (RR) 4:15 Soda Shop (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	16 9:30 Music Appreciation (3)  10:30 Matching Colours (3) 2:00 Olympic Bingo (AR) 2:30 Refreshments (AR) 4:15 Short Stories (3) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	17 9:45 Exercise Class (CHP) 10:00 Mary Kay (AR) 10:30 Coffee Break (AR) 2:00 Olympic Curling (AR) 4:15 Joke Exchange (3) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	18 10:00 Word Games (AR) 1:30 Hymn Sing (CHP) 2:00 St John's Church Service (CHP) 4:15 Loving Laundry (RR) 6:30 Individualized Programs (RR) 7:00 Club Night (AR)  Music Therapy (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	19 9:45 Exercise Class (CHP) 10:00 Follow Your Nose (AR) 2:00 Card Games (AR)  4:15 Beauty Pageant (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	20 10:00 Baking (AR) 10:30 Taste Testing (AR) 2:00 Bingo (AR) 2:30 Refreshments (AR) 4:15 Short Stories (2) 6:30 Individualized Programming (RR)
21 9:30 Church Radio (CHP) 10:00 Catholic Church Service (CHP) 10:30 Trivia (AR) 1:45 Movie Matinee (CHP)  4:15 Friendly Visits (RR) 6:30 Individualized Programming (RR)	22 9:45 Exercise Class (CHP) 10:00 Trivia (AR) 11:00 Tea 'N' Chat (AR) 2:00 Birthday Party (2) 4:15 Big Band Puzzle (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	23 7:45 Breakfast Club (AR) 10:00 Olympic Snow Ball Toss (AR) 10:30 Coffee Break (AR)  1:30 Bingo (AR) 4:15 Partner Prints (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	24 9:45 Exercise Class (CHP) 10:30 Word Games (AR) 2:00 Resident Council & Food Committee Meeting (CHP) 4:15 Montessori Programs (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	25 10:00 Word Search (AR)  2:00 Olympic Hockey (AR) 4:15 Montessori Programs (RR) 6:30 Individualized Programs (RR) Music Therapy (RR) Physiotherapy 8:30 (RR) Hairdresser 8:30 (HS)	26 9:45 Exercise Class (CHP) 10:00 Man In Black (AR) 2:00 Skip Bo (AR) 2:30 Cool Sippers (AR) 4:15 Cranium Crunches (RR) 6:30 Individualized Programming (RR) Physiotherapy 8:30 (RR)	27 10:00 Baking (AR)  10:30 Taste Testing (AR) 2:00 Bingo (AR) 2:30 Refreshments (AR)
28 9:30 Hymn Sing (CHP) 10:00 Catholic Church Service (CHP) 10:30 Word Games (AR) 2:00 Movie Matinee (CHP)  4:15 Smile With Me (RR) 6:00 Olympic Closing Ceremonies 6:30 Individualized Programming (RR)						

